

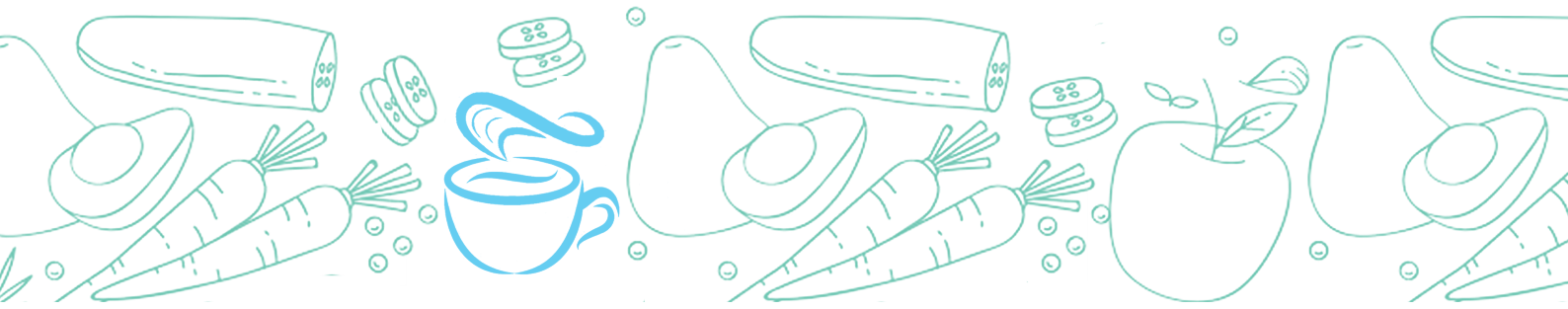


ARAM
HOSPITAL

Aram Specialized And
Sub-specialized Hospital

منوی صبحانه بیماران بین الملل
قائمة الإفطار للمرضى الدوليين

IPD International Patient's Menu



Fruit juice

آب میوه

hot drink

نوشیدنی گرم

صبحانه مشترک بیماران معمولی و همراه

• نیمرو

• Fried Eggs

• حلیم

• Halim

• کره و مربا و عسل

• Butter, Jam and Honey

• حلوا شکری و کره و عسل

• Halva, Butter and Honey

صبحانه مشترک بیماران معمولی، رژیم و همراه

• تخم مرغ آبپز

• Boiled Eggs

• پنیر و گردو

• Cheese and Walnuts

• املت (گوچه فرنگی/قارچ/فلفل دلمه ای)

• Omelette (Tomato, Mushrooms, Capsicum)

• عدسی

• Lentil Soup

• فرنی

• Porridge



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منوی شام و ناهار بیماران بین المللی
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IPD International Patient's Menu



منو مشترک بیماران معمولی و همراه

Gheyme Nesar قیمه نثار با گوشت

White rice served with diced meat (lamb or beef), barberries, saffron, slivered pistachio, slivered almonds and silvered orange peels

Chelo-Gardan | With Rice چلو گردن

(Lamb neck cooked with onions, garlic and saffron, served with rice)

منو همراه

Meat/Chicken Shawarma شاورما صحن مرغ/گوشت

(Thin cuts of marinated lamb, beef or chicken)

Soltani | With Rice چلو کباب سلطانی

A combination of grilled lamb fillet and minced lamb, served with rice and grilled tomatoes

فطایر مرغ / گوشت

Chicken / Meat Fajitas

پیتزا مرغ / گوشت

Chicken / Meat Pizza

Joojeh-Torsh | With Rice چلو جوجه کباب ترش

Askewer of marinated chicken fillet with a special walnut and pomegranate sauce served with rice and grilled tomato

منو مشترک بیماران معمولی و همراه

Koobideh | With Rice چلو کباب کوبیده

Two skewers of grilled tender lean minced lamb, served with grilled tomato and rice

Zereshk-Polo زرشک پلو با مرغ (ران)

White rice with barberries and saffron, served with chicken thighs

Joojeh | With Rice چلو جوجه کباب

Askewer of marinated fillet or chicken thigh with saffron, garlic served with rice and grilled tomato

Chenjeh | With Rice چلو کباب چنجه

Askewer of juicy and tender cubes of lamb fillet, served with rice and grilled tomatoes

Sabzi-Polo سبزی پلو با ماهی

White rice cooked with garlic, chives, cilantro, and parsley, served with fish

Bakhtiari | With Rice چلو کباب بختیاری

A combination of grilled lamb and chicken fillet, served with rice and grilled tomatoes

Arabic Joojeh | With Rice چلو جوجه کباب عربی

Askewer of marinated fillet or chicken thigh with a special Arabic sauce, served with rice and grilled tomato



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Cold Drinks

Can Drinks Diet coke, Coke, 7up, Fanta

Still Water آب

Fresh Fruit Juice آب میوه تازه

Doogh دوغ

Hot Drinks

Persian Tea چای ایرانی

Green Tea چای سبز

Herbal Tea چای گیاهی

Coffee قهوه

Hot Starters

Soup of the day سوپ روز

Cold Starters

Yogurt ماست

Olives زیتون

Salad سالاد

Hummus حمص